

Moravian Village of Bethlehem
Daily Supper Menu



Soup

Chicken Soup du Jour

Salads (Choice of One)

Tossed Salad w/Assorted Dressings

Classic Spinach Salad w/Warm Bacon Dressing

Entrees (Choice of One)

♥ Pan Seared Salmon

♥ Broiled Fresh Haddock w/Lemon Sauce

♥ ***DASH DIET SELECTION:*** Balsamic Roasted Chicken

Cal: 364 Fat: 16gms Sat Fat: 5gm Chol: 198mgs Na: 257mg Protein: 51gms

Seared 6oz Boneless Chicken Finished with a Pesto Oil Sauce

Hickory Bourbon Glazed 6oz Pork Chop

6oz Choice Black Angus New York Strip Steak Grilled to Perfection and
Finished with Maître d' Butter

Fresh Ground Beef Burger

Moravian Village of Bethlehem
Chef Specials
Date: *This Menu Changes Daily*



Soup Du Jour
Broccoli Chowder

Entrée's (Choice of One)

♥DASH Diet Selection: Honey Crushed Chicken

Cal: 219 Fat: 3gms Sat Fat: 1gm Chol: 66mgs Na: 187mg Protein: 27gms Fiber: 1gm

Braised Veal with Mushroom Sauce

Seared Ham Steak with Pineapple Glaze

Maryland Crab Cakes

Spaghetti and Meatballs

Sides (Choice of Two)

♥DASH Diet Selection: Sweet Potatoes and Roasted Bananas

Cal: 156 Fat: Trace Sat Fat: 0gm Chol: 0mgs Na: 64mg Protein: 2gms Fiber: 5gm

Au Gratin Potatoes

Mashed Potatoes

♥DASH Diet Selection: Braised Belgium Endive

Cal: 156 Fat: Trace Sat Fat: 0gm Chol: 0mgs Na: 64mg Protein: 2gms Fiber: 5gm

Glazed Carrots

Cut Green Beans

Dessert Menu



Puddings

Chocolate, Banana, or Tapioca

Ice Cream

*Vanilla, Chocolate, Low Fat Heath Yogurt,
Moose Tracks, Coffee, Banana Split,
Double Fudge Brownie, Mint Chip*

Sundae Toppings

*Chocolate Sauce, Marshmallow Sauce,
Peanut Butter Sauce,
Cherries or Strawberries*

Featured Desserts

♥Lemon Meringue Pie (No Added Sugar)

Rich and Creamy Lemon Filling, Topped with a Silky Smooth Meringue, Peaked and Browned

♥Deep Dish Forest Fruit Pie (No Added Sugar)

Apples, Rhubarb, Strawberries, Red Raspberries and Blackberries Baked in Natural Juices for Perfectly Balanced Fruit Flavor

Chocolate Chip Cream Filled Cookie

Chocolate Chip Cookie Deposit of White Chocolate Filling Topped with White Cookie Streusel and Chocolate Chips

Triple Chocolate Cake

Creamy Chocolate Frosting Surrounded by Four Layers of Moist, Texture Chocolate Cake Finished with Chocolate Curls

Banana Cake

An enjoyable Taste of Real Bananas in this Double Large Buttermilk Cake Topped with Whipped Buttercream Frosting

Tiramisu Cake

Elegant Dessert of Cream Cheese, Coconut, Mascarpone Cheese, Liquid Coffee, Coffee Extract, Cocoa Extract and Chocolate

Black Cherry Ricotta Cheesecake

Velvety Smooth and Rich Texture, Layers of Graham Cracker Crust, Cream Cheese, Ricotta Cheese and a Swirl of Black Cherry